

DAMP AND MOULD SUPPORT

Damp and Mould in a home can have a severe impact on both mental and physical health. Conversations around the topic need to be teachable moments without judgement, while stressing the importance of resolving the issues.

It is important that both physical changes to the home and behavioural changes of the resident take place to reduce the chance of mould re-occurring.




Signs of damp and mould



- Visible mould growth
- Patches of discolouration around windows, walls, ceilings and/or floors.
- Condensation on windows and pipes
- Peeling paint/wallpaper
- Musky smell
- Walls cold to touch

Causes of mould and damp

-  Excess moisture
-  Inadequate heating
-  Inadequate insulation/building materials
-  Insufficient ventilation

Room temperature 	Impacts
21C	Perfect habitable room temperature
18C	Recommended for kitchen and bedroom. No risk to healthy individuals
16C	Increased risk of respiratory illnesses – colds, pneumonia, flu etc
12C	Prolonged exposure leads to blood thickening – increasing chances of high blood pressure and stroke
9C	Body temperature falls, serious long-term impacts on heart, lungs, and brain. Extreme cases can lead to hyperthermia and death

www.rotherham.gov.uk/housing

PRIVATE RENTED DAMP AND MOULD SUPPORT

People living in private rented accommodation are encouraged to contact their landlord at the earliest opportunity when identifying/dealing with damp and mould in the home. Landlords are responsible for ensuring that accommodation is safe and they must treat damp and mould related issues seriously.

If landlords do not act, contact the Council's Community Protection and Environmental Health team by email: env.health@rotherham.gov.uk or by phone 01709 823118.

COUNCIL HOMES DAMP AND MOULD SUPPORT

Council tenants should report any damp and mould issues via email to: repairs@rotherham.gov.uk or telephone 01709 336009.

Rotherham Council's approach towards damp and mould can be found in the Damp, Mould, and Condensation Policy, which is on the Council's website.

ENERGY SUPPORT FOR EVERYONE

Community Energy Team

- Support internal staff and residents with any queries with energy and services to refer to.
- Helps residents with home energy efficiency grants.

www.rotherham.gov.uk/energy-climate-change/Community-Energy-Rotherham@rotherham.gov.uk

or through our online contact form.

Green Doctor (Groundworks)

Green Doctors offer a free service and can visit residents' homes, will look at a home's energy efficiency, offering energy advice, and draught proofing services. These visits are subject to eligibility.

www.groundwork.org.uk/greendoctor//greendoctoryorkshire@groundwork.org.uk
0300 303 3292

Rotherfed and Citizens Advice

These organisations help with energy, cost of living and money management across all housing tenures.

Rotherfed

www.rotherhamfederation.org/info@rotherfed.org
01709 368515.

Citizens Advice Rotherham

www.citizensadvicerotherham.org.uk
0800 278 7911

Live Inclusive

Supports people in Rotherham and Doncaster with disabilities and long-term health conditions, including energy support.

www.liveinclusive.org.uk

Email: enquiries@liveinclusive.co.uk
01302 592 400

RotherHive

This is an online service which provides a range of mental health and well-being support and advice for adults in Rotherham, including debt support: www.rotherhive.co.uk

Money Helper

Provides a free and impartial money advice service, with advice and tools to help improve finance management.

Support at: www.moneyhelper.org.uk
0800 1387777.