

TRANSITION TO FS2

Over the next few weeks, we will be sending home some ideas for you to complete with your child ahead of their transition into FS2. Moving to FS2 is an exciting time and milestone in your child's educational journey. We pride our provision on encouraging children to become independent and self-regulated learners and each week will be adding onto ClassDojo some ideas for you to continue this at home. In total there will be ten steps over a 10-week period and each step will have some activities that you can support your child with. These activities will be very simple and also something you may already do with your child at home.

STEP 1 Keeping Healthy



This week can you:

- tell your grown ups which foods you eat are healthy and which foods are unhealthy? Give them a thumbs up or down!
- can you set a timer for 2 minutes and brush your teeth and tongue?

STEP 2 Rhyme Time



This week can you:

- sing **5 Astronauts in a Flying Saucer**. As you sing the rhyme can you start at 5 showing finger numbers and take one away after each verse?
- sing **5 Little Ducks**. Can you count your grown ups fingers 1-5? Can you show your grown up 5 fingers then 4 ect?

STEP 3 Print and shapes in the Environment

This week can you:



- look at the shop signs/ street signs and spot the initial letter of your name?
- play simple word games such as I spy with your child e.g I spy with my little eye something beginning with the sound 's' (make sure you say the sound the letter makes and not the letter name)

STEP 4 Using one handed tools



This week can you:

- can you use a child's knife and fork to cut your food up? remember to keep trying if it's a little tricky at first, practising is how we learn.
- Can you thread 5 objects onto a pipe cleaner/shoe lace or anything else you can find?
- Can you draw a detail picture of your family holding your pencil correctly?

STEP 5 Number skills



This week can you:

- find up to 10 objects from around your house or garden and count them in order?
- Ask your grown up to write down numerals 1-5, can you match the numeral to the correct quantity of objects?

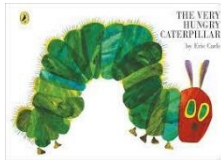
STEP 6 Self Help



This week can you:

- Wipe yourself after using the toilet?
- Dress yourself and practise with button, clasps and zips?
- Can you practise opening packets and peeling fruit?

STEP 7 Story Retell



This week can you:

- Listen to the story The Very Hungry Caterpillar <https://www.youtube.com/watch?v=75NQK-Sm1YY>
- after the story can you talk about what happened at the beginning, middle and end? Encourage your child to recall key events.

STEP 8 Mealtimes



This week can you:

- pour yourself a drink and use a cup without a lid?
- spread your own butter/jam on your toast or bagel? Your grown up can show you first

STEP 9 Making Choices



This week can you:

- think really carefully about your choices? At teatime can you choose which vegetables you would like?
- Decide what clothes you need to wear thinking carefully about the weather e.g shorts or trousers, jumper or t-shirt ect

STEP 10 Following Instructions



This week can you:

- Follow a simple recipe to bake something (flapjack, rice crispie buns, jelly ect) can you use some of the vocabulary we use at nursery to describe your actions? (mixing, stirring, melting, knead, bake, temperature)

