

LKS2 - Long Term Plan - RSHE

	Year 3	Year 4
Autumn 1	Fr1) What makes a good friend? Os1) Online strangers [P1] Os2) Sharing Online [P2]	Fr2) Are all friends the same? Fr3) Are friendships always fun? M2) Are we happy all the time?
Autumn 2	Fa1) Do Families always stay the same? Fa2) Are all families like mine?	C1) How do we make the world fair? C2) Where do you feel like you belong? C3) How can we help the people around us?
Spring 1	M1) How do I manage my feelings? P1) How do I keep my body healthy? P2) How do I get a healthy diet?	Os5) Digital Media [N1] Os6) Verifying content and echo chambers [N3]
Spring 2	Os3) Friendship Online [S1]	Fa3) How should we treat people who are different?
Summer 1	Os4) Personal Information [C2] P3) How do I stop getting ill?	Fa1) Why do some people get married? Fa2) Are families ever perfect? Os1) Control and Consent Os2) Protecting our identity
Summer 2	*	*

*Because there is much more content to cover in year 5 and 6, schools may decide to begin UKS2 units in LKS2.

UKS2 - Long Term Plan - RSHE

	Year 5	Year 6
Autumn 1	<p><u>Fr1) What makes a close friend?</u></p> <p><u>M1) Does everybody have the same feelings?</u></p>	<p><u>Os6) Bias [N2]</u></p> <p><u>Os7) Echo Chambers [N5]</u></p> <p><u>Fr5) What are stereotypes?</u></p> <p><u>Fr6) How do I accept my friends for who they are?</u></p>
Autumn 2	<p><u>Fr2) Can we be different and still be friends?</u></p> <p><u>Fr3) Should friends tell us what to do?</u></p> <p><u>P1) Is there such a thing as the perfect body?</u></p>	<p><u>Os8) Does the internet make us happy? [L1] C6) Who belongs in our country?</u></p> <p><u>C7) What does it mean to be British?</u></p>
Spring 1	<p><u>Os3) Meeting Strangers online (P4)</u></p> <p><u>Os4) Personal information, terms and conditions</u></p> <p><u>M2) Should we be happy all the time?</u></p> <p><u>M3) Why do we argue?</u></p>	<p><u>Sx1) How do plants and animals reproduce?</u></p> <p><u>C4) How can I be a great citizen?</u></p> <p><u>C5) Why is money important?</u></p>
Spring 2	<p><u>P2) How can I stay fit and healthy?</u></p> <p><u>P3) Can I avoid getting ill?</u></p> <p><u>M4) Who am I?</u></p> <p><u>Fa3) Is there such a thing as a normal family?</u></p>	<p><u>P4) Why do some people take drugs?</u></p> <p><u>P5) Where should I get my health information?</u></p> <p><u>P6) How do I save a life?</u></p>
Summer 1	<p><u>C1) What is prejudice?</u></p> <p><u>C2) What is the history or prejudice?</u></p> <p><u>C3) What should I do if I encounter prejudice?</u></p>	<p><u>G1) How will my body change as I get older?</u></p> <p><u>G2) How will my feelings change as I get older?</u></p>

<p>Summer 2</p>	<p><u>Fr4) Why are some people unkind?</u></p> <p><u>Os5) Analysing Digital Media [N1]</u> <u>G4) What is Menstruation?*</u></p>	<p><u>G3) How will I stay clean during puberty?</u></p>
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**NHS staff recommend that this is taught in year 5, ahead of other information about puberty, as around 10% of females will begin menstruating before the end of primary school